

2025

# Fall Running Group

RUNNING WITH  
AUTISM IN THE  
COMMUNITY AND  
EVERYWHERE!

Achieving Collaborative Treatment's weekly group focuses on participation in group stretching and running. Individualized goals will be set to increase the distance or duration of walking /running for each participant.

Family and friends are invited and encouraged to attend!

**Saturdays 9-10am**

**Picnic Point (2000 University Bay Drive)**

9/6/2025-11/8/2025 (10 weeks)

Cost is **\$150 for all 10 sessions**

**Contact us to register your runner!**

[erin.eckberg@actreatment.com](mailto:erin.eckberg@actreatment.com)

608-497-3230

\*There are forms that must be completed prior to group for new participants\*

